WashU Medicine and Barnes-Jewish Transplant Center

Indications for Kidney and Pancreas Transplant

Rethinking what transplant can do through proven expertise and leading-edge treatments

At WashU Medicine and Barnes-Jewish Transplant Center, a multidisciplinary team evaluates every referral to assess surgical risk, the potential for restored function and the impact of disease on other organs. With one of the largest transplant programs in the country and the largest robotic transplant program in North America, we can offer options for patients who may not have been considered candidates in the past.

All patients being evaluated for transplant at the WashU Medicine and Barnes-Jewish Transplant Center will have candidacy determined based on a standard set of selection criteria and approved indications.

Indications for transplant

Kidney Transplant:

- Diagnosis of end-stage renal disease, initiated on or nearing chronic dialysis

Kidney/Pancreas Transplant:

- Type 1 diabetes with kidney failure
- Type 2 diabetes, must be insulin dependent

Pancreas Transplant:

- Type 1 diabetes without kidney failure
- Other etiology causing loss of endocrine function of the pancreas

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Patient selection criteria for kidney, kidney/pancreas or pancreas transplant

The patient:

- Has indications for transplant
- Has a life expectancy and quality of life that will improve after transplant
- Has low probability of early morbidity and mortality due to recurrence of the original disease leading to transplant*
- Has normal function or mild reversible dysfunction in other organ systems*
- Can follow a complex medical regimen
- Has healthy coping strategies and understands the nature and cost of the procedure*
- Does not have severe debilitation
- Has a social support network, adequate insurance coverage, safe housing and transportation

*As determined by the transplant team

Absolute contraindications for kidney, kidney/pancreas or pancreas transplantation

Patients with the following are excluded from kidney, kidney/pancreas and pancreas transplant:

- Active infection not resolved with treatment
- Active malignancy; patients with a history of cancer are reviewed individually; wait times from the time of remission to time of transplant are specific to cancer history
- Significant, irreversible cardiac or pulmonary disease
- Severe debilitation/Unable to walk
- Oxygen use at rest or with activity
- BMI over 40 for kidney; BMI over 30 for kidney & transplant
- Age of 85 or older

Early patient referrals are important to help broaden the range of available treatment options. No matter where your patient is in their healthcare journey, when you refer them to our team at the WashU Medicine and Barnes-Jewish Transplant Center, part of BJC HealthCare, we will partner with them to develop a customized treatment plan that meets their individual needs and improves their quality of life.

Refer a patient:

- Scan the QR code
- Visit barnesjewish.org/transplantreferral
- Call 314-362-5365

Barnes-Jewish Hospital and WashU Medicine Physicians comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex.

Atención: hay servicios de asistencia de idiomas disponibles a su disposicion sin costo. Llame al 314-747-5682 (TTY: 1-800-735-2966).

注意：免费提供语言协助服务，如有需要敬请致电 314-747-5682 (TTY: 1-800-735-2966)

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